

When I feel

First Feelings



CALM



ANGRY



SCARED



SAD



CONFUSED



SURPRISED



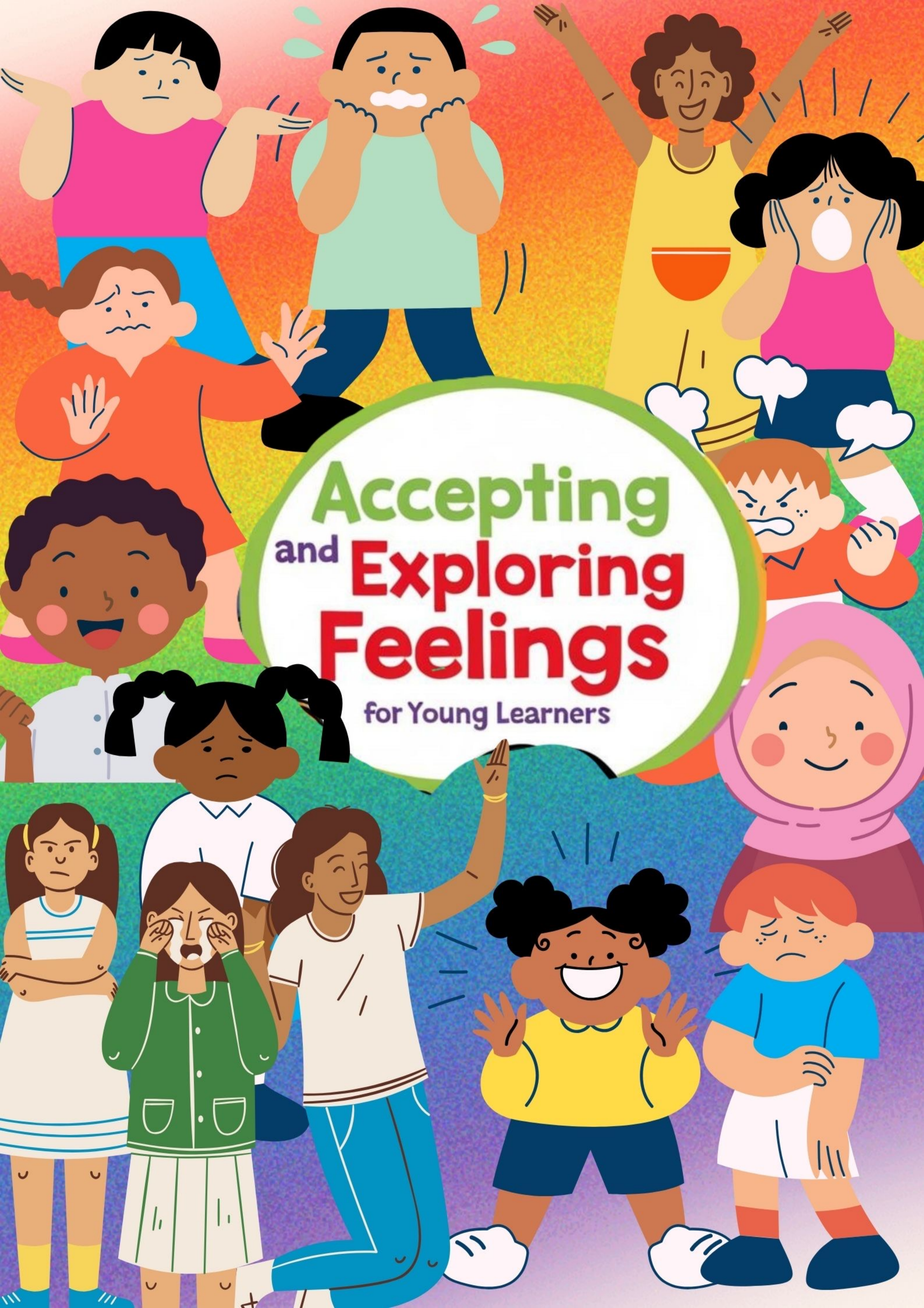
HAPPY



CONTENT



EXCITED

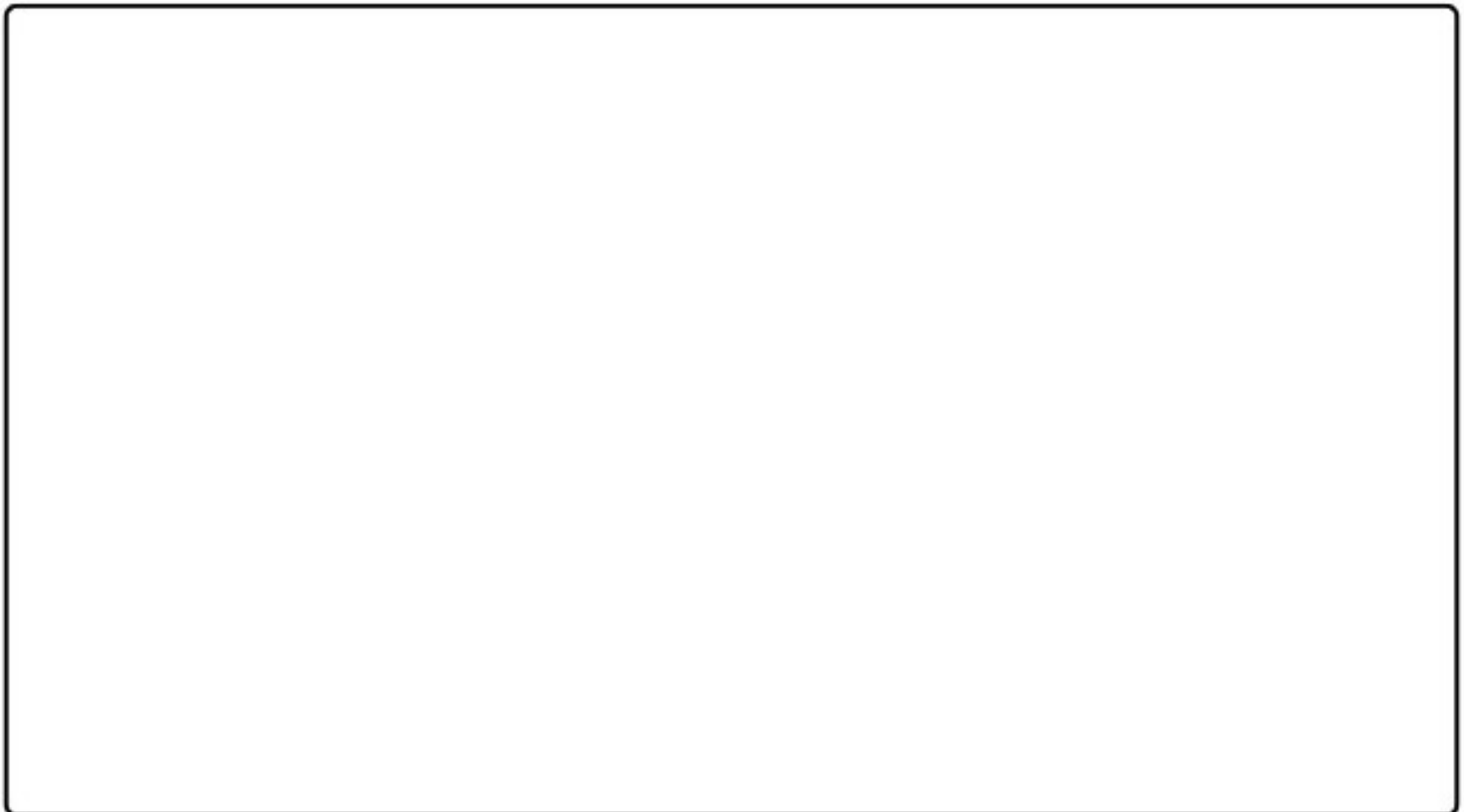


Accepting
and Exploring
Feelings
for Young Learners

Name:

My Homework

What makes you happy, sad or angry? Draw a picture and write about it!



Feelings Board

Directions: Roll the dice then move a coin according to the number on the dice and tell how you felt in that situation. It can be played by 2-4 friends. First player to the finish wins.

How do you feel when.....



NAME: _____

FEELINGS

Draw the feelings on the faces, be as creative as you'd like !



Happy



Sad



Calm



Angry



Excited



Scared



Content



Confused



Surprised

**And how are you
today?**

